

## Lymphedema Prevention Program

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### About the Lymphedema Prevention Program

Breast cancer-related lymphedema is a condition that can result from surgical, radiation, or taxane-based chemotherapy treatments. It can lead to abnormal swelling and discomfort in one or both arms. There is no cure for chronic breast cancer-related lymphedema. Once it develops, it requires lifelong management.

### Our Prevention Approach

Breast cancer-related lymphedema of the arms develops in stages. When it is caught early, it can be treated and stopped before it gets worse and becomes a lifelong condition. Our new technology, the SOZO® Digital Health Platform, provides an L-Dex® score to help detect lymphedema before you feel noticeable swelling. This early alert allows us to work with you to take steps to stop lymphedema from getting worse, or to avoid getting it at all.

### SOZO with L-Dex

The L-Dex score helps us assess whether you are developing lymphedema before you feel noticeable swelling. For best results, patients receive a baseline measurement before cancer treatment begins and are then tested regularly after treatment. If your L-Dex score increases above normal levels, we will evaluate you for early signs of lymphedema. If you don't get a pre-treatment baseline score, we can still use the L-Dex test to help detect lymphedema early. The SOZO device is used to measure your L-Dex score. It looks like a scale, but it has places for you to put your hands and feet. You will not feel the SOZO test and it only takes 30 seconds to complete.

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