Lymphedema Prevention Program Referral Letter Template

<Date>

<Institution Name & Address>

RE: Lymphedema Prevention Program

To Dr. <name>:

It is with great excitement that I introduce <Institution Name’s> new Lymphedema Prevention Program. This program is designed to prevent the development of chronic lymphedema in breast cancer survivors. There are over 290 thousand newly diagnosed breast cancer patients every year in the U.S. and 1 in 5 will develop chronic lymphedema. Recently published data from the largest randomized trial to assess lymphedema prevention, the PREVENT trial, showed that 92% of breast cancer patients with early detection using L-Dex combined with intervention did not progress to chronic lymphedema through three years.

Lymphedema risk exists for breast cancer patients treated with surgery, radiation therapy, and taxane-based chemotherapy.

Our Lymphedema Prevention Program uses the L-Dex score to sensitively and accurately detect small changes in fluid. Patients in the program are monitored every three months for three years following treatment. If lymphedema is detected, patients are educated on at-home treatment with compression therapy.

We would be honored to welcome your patients into our Lymphedema Prevention Program and welcome the opportunity to speak with you further.

With best regards,