Lymphedema Prevention Program Referral Letter Template

<Date>

<Institution Name & Address>

RE: Lymphedema Prevention Program

To Dr. <name>:

It is with great excitement that I introduce <Institution Name’s> new Lymphedema Prevention Program. This program is designed to prevent the development of chronic lymphedema in at-risk cancer survivors. There are nearly 17 million cancer survivors in the U.S. and 1 in 3 will develop chronic lymphedema. Recently published data from the PREVENT trial shows that early detection combined with intervention can prevent 95% of patients from developing this debilitating condition.

Lymphedema risk exists for women and men treated with surgery, radiation therapy, and Taxane-based chemotherapy for multiple cancer types:

* Breast cancer
* Colorectal cancer
* Melanoma
* Genital cancers
* Urinary cancers

Our Lymphedema Prevention Program uses the L-Dex score to sensitively and accurately detect small changes in fluid. Patients in the program are measured prior to cancer treatment for a baseline score, and then monitored every three months for three years following treatment. If lymphedema is detected, patients are educated on at-home treatment with compression therapy.

The PREVENT trial demonstrated that routine monitoring with L-Dex combined with at-home intervention can reduce lymphedema progression by 95%. These are practice-changing results from the largest randomized controlled trial ever conducted to assess lymphedema prevention.

We would be honored to welcome your patients into our Lymphedema Prevention Program and welcome the opportunity to speak with you further.

With best regards,